

# Juvenile Justice Realignment Block Grant Annual Plan

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**County Name:** San Mateo

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## Background and Instructions:

Welfare & Institutions Code Sections 1990-1995 establish the Juvenile Justice Realignment Block Grant program for the purpose of providing county-based care, custody, and supervision of youth who are realigned from the state Division of Juvenile Justice or who would otherwise be eligible for commitment to the Division of Juvenile Justice prior to its closure.

To be eligible for funding allocations associated with this grant program, counties shall create a subcommittee of the multiagency juvenile justice coordinating council to develop a plan describing the facilities, programs, placements, services, supervision and reentry strategies that are needed to provide appropriate rehabilitative services for realigned youth.

County plans are to be submitted and revised in accordance with WIC 1995, and may be posted, as submitted, to the Office of Youth and Community Restoration website.

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**Part 1: Subcommittee Composition (WIC 1995 (b) )**

List the subcommittee members, agency affiliation where applicable, and contact information:

Agency	Name and Title	Email	Phone Number
Probation	John Keene, Chief Probation Officer (Chair)	<a href="mailto:Jkeene@smcgov.org">Jkeene@smcgov.org</a>	650-312-5522
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Behavioral Health and Recovery Services	Regina Moreno, Clinical Services Manager II	<a href="mailto:rmoreno@smcgov.org">rmoreno@smcgov.org</a>	650-312-5352
San Mateo County Sheriff's Office	Mark Duri, Assistant Sheriff	<a href="mailto:MDuri@smcgov.org">MDuri@smcgov.org</a>	650-363-4498
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Juvenile Justice & Delinquency Prevention Commission	Monroe Labouisse, Commissioner	<a href="mailto:monroe.labouisse@gmail.com">monroe.labouisse@gmail.com</a>	650-619-5771
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## Part 2: Target Population (WIC 1995 (C) (1) )

Briefly describe the County's realignment target population supported by the block grant:

Block grant funds will be used to support county-based custody, care and supervision of youth who were realigned from the Division of Juvenile Justice (DJJ) or who were otherwise eligible for commitment to DJJ prior to its closure. These youth will range in age from 14 to 25 years old and will have been adjudicated to be a ward of the juvenile court based on an offense described in subdivision (b) of Section 707 of the Welfare and Institutions Code. These youth will also include those described in Section 290.008 of the Penal Code.

San Mateo County fundamentally believes that youth and emerging young adults are best served in their natural communities and the use of detention is only appropriate when the individual's actions represent a significant danger to the community, themselves, or others. To this end, San Mateo County is committed to the use of alternatives to detention, where appropriate, and the utilization of diversion programs based within the community and local systems. San Mateo County plans to use the opportunity presented by Senate Bills 823 and 92 to create a transformative system of care for those within our target population. Therefore, San Mateo County has developed the Success and Opportunities Aspiring Readiness for Reentry (S.O.A.R.R.) Program for the block grant's realignment target population. The County is committed to meeting the needs of its newly realigned youth, including both male and female offenders, those requiring specialized treatment and care in the form of programs for survivors of sexual abuse and exploitation, LGBTQ+ youth, and gang-involved youth.

In San Mateo County, youth ordered by the court to be detained in a Secure Youth Treatment Facility, also known as a secure track program, will be housed within the Youth Services Center-Juvenile Hall (YSC-JH).

Demographics of identified target population, including anticipated numbers of youth served, disaggregated by factors including age, gender, race or ethnicity, and offense/offense history:

San Mateo County anticipates welcoming approximately 15 youth with Secure Youth Treatment Facility commitments to the S.O.A.R.R. Program. We are prepared to serve youth that have the needs noted in the section above, regardless of age, gender, race or ethnicity, with the exception of some sex offenders and those with significant mental health needs as we currently do not have programs in place to support these specific needs nor do we have capacity to create new ones.

Describe any additional relevant information pertaining to identified target population, including programs, placements and/or facilities to which they have been referred.

All the relevant information is described above.

### Part 3: Programs and Services (WIC 1995 (c)(2))

Provide a description of the facilities, programs, placements, services and service providers, supervision, and other responses that will be provided to the target population:

San Mateo County operates one juvenile detention facility that will serve as a secure facility for youth with Secure Youth Treatment Facility commitments.

- **Youth Services Center - Juvenile Hall (YSC-JH)** - The YSC-JH opened in September of 2006 with a capacity for 180 youth. The YSC-JH consists of an admissions unit, seven living units, a kitchen and assembly / programming space, a health and dental clinic, a fully accredited school, a gym and an outdoor recreation area. Youth housed in the YSC-JH can participate in many programming options ranging from cognitive skills workshops to job readiness programs to yoga classes. These programs are provided through a combination of probation staff, contracted community-based organizations (CBOs), volunteers, and county partners such as Behavioral Health and Recovery Services (BHRS) and the Human Services Agency (HSA).

Prior to assuming any responsibilities for youth with Secure Youth Treatment Facility commitments, supervision staff members shall be properly oriented to their duties and shall receive a minimum of 40 hours of facility-specific orientation, including safety and security issues, ethical responsibilities, and culturally sensitive, trauma-informed and gender-responsive approaches as well as anti-discrimination policies.

In addition, staff will be trained on:

- Individual and group supervision techniques
- Regulations and policies relating to discipline and rights of youth
- Basic health, sanitation, and safety measures
- Suicide prevention and response to suicide attempts
- Policies regarding use of force, de-escalation techniques, mechanical and physical restraints
- Review of policies and procedures referencing trauma and trauma-informed approaches
- Procedures to follow in the event of emergencies
- Routine security measures, including perimeter, security, and grounds
- Crisis intervention and mental health referrals to mental health services
- Fire/life safety training
- Youth development and best practices for transition-aged youth
- WhyTry resiliency training
- Science of Hope training

Prior to assuming sole supervision of youth, each supervision staff member shall successfully complete the requirements of the Juvenile Corrections Officer Core Course. Prior to exercising the

powers of a peace officer, supervision staff shall successfully complete training pursuant to Section 830 et seq. of the Penal Code.

Probation also has agreements with CBOs to provide gang prevention & intervention programs, including in-custody and reentry services. We are currently exploring a program specific to transgender youth.

### **Behavioral Health and Recovery Services (BHRS) Programs and Services**

A division of the San Mateo County Health System, BHRS provides valuable mental health services to youth in the juvenile justice system. The BHRS clinical team provides trauma-informed services, taking into consideration Adverse Childhood Experiences (ACEs) which have been correlated with health and social problems across the lifespan. The team also uses the Neurosequential Model of Therapeutics (NMT) which is a developmentally sensitive, neurobiology-informed approach that integrates core principles of neurodevelopment and traumatology to inform clinical work with children, families, and the communities in which they live. BHRS will be providing the following services:

- **The Neurosequential Model of Therapeutics (NMT)**

BHRS began to implement NMT in 2012 within the youth system. An NMT assessment gathers information about adverse experiences from intrauterine to chronological age. The NMT assessment compares this youth with those in his/her same age group without a history of trauma. The results of this assessment inform the clinical work as well as offer parents/primary caregivers and other providers about the youth's current level of functioning which in turn assists in appropriate developmental interventions.

- **Individual Therapy/Counseling Services**

Individual therapy is offered to all youth detained at the YSC-JH upon intake. Additionally, referrals may come from the court, juvenile institutions, probation correctional health and school department staff, parents, community-based providers or youth may self-refer. In compliance with state regulations, youth who have mental health services included in an Individualized Education Program (IEP) or are prescribed psychotropic medications are routinely provided therapeutic services.

BHRS clinicians use a variety of evidence-based therapeutic modalities, for example: Eye Movement Desensitization Reprocessing (EMDR), Motivational Interviewing (MI), Art Therapy, Attachment Therapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Internal Family Systems (IFS), Structural Family Therapy, and Acceptance and Commitment Therapy (ACT). These modalities target symptoms such as depression, anxiety, posttraumatic stress disorder, sleep disturbances, relational/attachment issues, substance use and abuse, and complex trauma.

BHRS clinicians often attend various multi-disciplinary meetings including IEP meetings, placement meetings, and CFT (Child and Family Team) meetings which are required by the state to assure that the voice of the client and family is part of the treatment planning for the youth, these include:

- **Family Therapy**

BHRS clinicians provide family therapy to adolescents returning home from YSC-JH and out-of-home placements, in addition to youth detained at the YSC. The culturally diverse population served includes a significant higher number of Latino families from Mexico and Central America. BHRS clinicians are equipped to provide culturally and linguistically competent services primarily in the families' homes or another community-based location. BHRS clinicians require frequent collaboration with juvenile probation staff and numerous other community-based service providers. Therapeutic services include brief family therapy, long-term therapy, case management, crisis intervention, and family support within a family-focused best-practices model.

- **Group Therapy**

Group therapy is provided with a focus on mental health concerns, such as depression, anxiety, posttraumatic stress disorder, body image issues, emotional regulation, self-esteem, grief, intimate partner violence, and substance misuse. The structure of the group may be psychoeducational, skills development, support group or an interpersonal processing group. BHRS clinicians provide various therapeutic interventions using a trauma-focused lens and utilize activities such as multimedia, gardening, drumming, running, art, and music to promote healing and positive change. BHRS clinicians trained in Girls Circle and the Council of Boys can conduct groups using the One Circle Foundation curriculum. Information gathered from the BHRS clinical assessments is used to determine the needs of the youth and focus of the group.

- **Family Partner Services**

A BHRS staff member assists parents of youth that are currently involved with the juvenile justice system navigate the court and legal processes. The staff member supports advocates and provides a range of services which ensure successful linkages to other county agencies to help get basic needs met such as, housing and food as well as linkages to agencies providing immigration services, regional centers, and other support services. The Family Partner uses their lived experience as a tool to engage, retain and support the parents and families. The Family Partner provides insight to clinicians and Deputy Probation Officers (DPOs) that impact the therapeutic work and relationship, as well as the families' experiences, as they continue to be involved in the juvenile justice system.

- **Psychotropic Medication Management**

Two (2) psychiatrists provide psychotropic medication management for the youth while at the YSC-JH. The referrals are either generated by correctional health staff, clinicians, parents, or self-referrals. The psychiatrists work closely with the clinicians to ensure continuity of care upon a youth's release from the YSC-JH.

- **Court Ordered Psychological or Psychiatric Evaluation**

The staff psychologist and psychiatrists are responsible for completion of court-ordered psychological or medication evaluations. These evaluations help determine optimal treatment planning or placement options for the youth that has been assessed.



The BHRS clinical team frequently provides consultation to institutions staff, DPOs, and correctional health staff regarding behavioral health concerns that arise with youth.

BHRS clinicians provide trainings, such as the “Six Core Strengths of the Neurosequential Model of Therapeutics,” “Suicide Risk and Assessment,” “Substance Use/Abuse” (which qualify for continued education training) to DPOs. BHRS staff also provide trainings in “Cultural Humility” and “Trauma 101.”

### **Human Services Agency (HSA)**

San Mateo County HSA - Children and Family Services (CFS), may provide support and services to eligible youth that fall within this population. Programs and services may include:

- **The Independent Living Program (ILP)**

Provides training, services, and benefits to assist current and former foster youth in achieving self-sufficiency prior to, and after leaving, the foster care system. Youth are eligible for ILP services from age 14 to the day before their 21<sup>st</sup> birthday, provided one of the following criteria is met:

- The youth was/is in foster care at any time from their 14<sup>th</sup> to their 19<sup>th</sup> birthday.
- The youth was placed in out-of-home care by a tribe or tribal organization between their 16<sup>th</sup> and 19<sup>th</sup> birthdays.
- The youth is a former dependent who entered a kinship guardianship at any age and is receiving/received Kinship Guardianship Assistance Payments (Kin-GAP) between the ages of 16 and 18 years.
- The youth is a former dependent who entered a Non-Related Legal Guardianship (NRLG) after attaining age 8 and is receiving/received permanent placement services.

- **Foster Youth Education and Employment Services Program (FYEESP)**

Provides education- and employment-related case management services to current San Mateo County dependent youth. Participating youth will receive secondary and post-secondary education support, job readiness training, career development and other supportive services.

- **Intensive Outpatient (IOP)**

Intensive case management will be provided by the youth’s CFS social worker and a CFS CSEC social worker who provides secondary support.

- **TAY Summit**

Serves as a leadership opportunity for youth advocacy and youth-led training for our community

- **California Youth Connection (CYC)**

A youth advocacy group that drives policy at the state level and focuses on key foster youth priorities from a legislative perspective

- **Transitional Housing and Aftercare**

Includes case management services and support for youth ages 18-25 years that are part of the child welfare system

## **The San Mateo County Office of Education (SMCOE)**

The SMCOE Court and Community Schools Program provides a student-centered, standards-based curriculum that prepares students for future success. SMCOE engages in a unique and innovative partnership with the San Mateo County Community College District through Project Change which provides our students with opportunities to develop college and career readiness skills, complete California's high school requirements for graduation, and pursue college level courses for college credit.

We want our students to achieve a high school diploma, but we also provide support for students to pursue a High School Equivalency Test (HiSET) certificate or California High School Proficiency Examination (CHSPE) certificate. Additionally, students may participate in post-secondary educational opportunities, that might include technical training or work experience.

SMCOE provides differentiated instruction adapted to meet individual student needs. The curriculum is aligned to the Common Core State Standards and English Language Development (ELD) standards. Special Education and ELD services are provided for eligible students. Academic programming is provided year-round.

SMCOE's staff hold high expectations for every student. Student success is measured in terms of academic growth, teamwork and persistence, everyday motivation, positive and restorative interactions, and personal accountability. SMCOE will continue to meet the needs of and provide services to students served under SB 823.

### **Project Change**

San Mateo County partners with the San Mateo County Community College District's Project Change to provide college readiness workshops and community college courses to detained youth. Services include priority enrollment, assistance with registration, book stipends, transportation assistance, career resources, access to online courses, and assistance developing an educational plan.

### **Success Centers**

San Mateo County contracts with Success Centers to provide academic support services, job-readiness and vocational training, and a visual arts program.

### **Fresh Lifelines for Youth (FLY)**

San Mateo County currently contracts with FLY, a CBO, to provide services to youth both within the facility as well as when they reenter their communities. Existing services provided include:

- **Law Related Education (LRE)**

A 12-week program built around helping high-school-aged young people understand their rights and responsibilities under the law, covering topics like police encounters, gang involvement, unlawful sex, and a mock trial. When possible, FLY takes young people on a field trip to a local college or university campus to connect them with post-secondary opportunities. The program engages volunteers – primarily younger people with interest or experience in the justice system themselves – to facilitate the lessons alongside staff. LRE uses motivational interviewing techniques, trauma-informed practices, restorative justice

practices, strength-based practices, and tools to help youth develop Social Emotional Learning skills. Additionally, during the weekly classes, FLY staff and volunteers meet 1:1 with youth to build relationships.

- **Reentry Pre-Release Case Management**

Through connections in the LRE component of FLY's programs, reentry case managers (who help facilitate LRE) identify youth who are eligible and may qualify for programs. Case managers set up 1:1 meetings to get to know those youth, do initial assessments, and start building reentry plans with the youth, family, probation staff, and service providers. Reentry staff may also speak to their experiences with individual youth during court hearings where appropriate. (See additional FLY reentry services under community-based/reentry services below).

- **Career Pathways Navigator (CPN) Services**

CPNs partner with FLY case managers to support youth in pursuing their academic and career development goals. This is accomplished through a combination of group workshops and 1:1 coaching with detained youth. Recent workshops provided in the YSC-JH have included College Access Supports, Voting Rights, and Financial Literacy. A CPN has also recently met with youth to discuss their specific needs in reentering the school system, accessing funding to pay for community college costs, and managing their arrest history as part of the job search process. This service is currently available to detained youth based on referrals from FLY staff or probation staff.

With the expansion of services envisioned under the S.O.A.R.R. Program, FLY hopes to provide the following programs to realigned youth in San Mateo County:

- **STAY FLY** – The program was originally designed in response to SB 1004, which piloted in Alameda County and Santa Clara County, but has expanded to serve any justice-involved transition-aged youth (TAY) or youth 18-25-years-old in both communities. In-custody, the program includes systems navigation workshops, which include law-related and life skills education appropriate to the TAY population. These workshops, along with 1:1 support, build connection between STAY FLY case managers and young adults as they begin to transition into the community, where services expand (see explanation under community-based/reentry services below)
  - **Transitional Housing Support** – The possibility of exploring supportive transitional housing for youth who cannot safely stay in their homes to receive comprehensive, community-based services as an alternative to large, locked institutions. Modeled on housing for community members with substance use or mental health needs.

### **Rape Trauma Services (RTS)**

San Mateo County contracts with RTS, a CBO, to provide services to youth who are victims of sexual assault and abuse. Current programs and services include victim advocacy, Prison Rape Elimination Act (PREA) training, Commercial Sexual Exploitation of Children (CSEC) programs, 24-hour crisis intervention hotline, trauma and sexual assault parent and family advocacy and case management, and psychoeducation groups.

## **YMCA**

San Mateo County will contract with Urban Services YMCA of San Francisco to provide additional services through the YMCA's Juvenile Sexual Responsibility Program (JSRP), which works with youth sexual offenders to help them cope with challenging emotions such as anger, anxiety, and depression in a positive way, create awareness and encourage accountability, and by incorporating a Neurosequential Model of Therapeutics.

## **Probation Department Programs**

Probation Department staff currently facilitate a range of programs for detained youth at the YSC-JH. Some of these programs include:

- Girls Circle – A gender-relevant girls' program that allow girls to voice their experiences, develop positive connections, and gain skills to pursue meaningful goals in education, careers, and relationships
- The G.I.R.L.S. (Gaining Independence and Reclaiming Lives Successfully) Program – Interventions based on gender-responsive principles and the restorative justice philosophy, that centers on the belief in blending accountability and treatment to repair harm done and to heal personal and interpersonal relationships while forming positive connections within the larger community
- The Council for Boys and Young Men – A strengths-based group model that addresses risk factors and empowers participants to find belonging, build assets, and deconstruct harmful masculinity beliefs on their journey toward becoming respectful leaders and connected allies in their community
- Cooking and baking – Basic culinary arts
- Garden program – Horticultural training in creating onsite gardens
- Arts Unity Movement – Creative arts through music and conversation
- Essay program – Critical thinking and creative writing
- Large muscle activity – Exercise activities emphasizing repetitive body movement
- Niroga Yoga – Mindfulness training and yoga
- The Art of Yoga Project (AYP) - Trauma-informed yoga and art educators deliver our mindfulness-based programming

**Part 4: Juvenile Justice Realignment Block Grant Funds (WIC 1995 (3)(a) )**

Describe how the County plans to apply grant funds to address the mental health, sex offender treatment, or related behavioral or trauma-based needs of the target population:

San Mateo County plans to apply grant funds to enhance existing programs and address the trauma-based needs of both male and female offenders, long-term commitments, CSEC, LGBTQ+ youth, and those with gang involvement, who have sustained offenses under WIC 707(b). San Mateo County will be using grant funds to provide additional gender-responsive and trauma-informed training for probation staff and other county partners.

Describe how the County plans to apply grant funds to address support programs or services that promote healthy adolescent development for the target population: (WIC 1995 (3) (B) )

San Mateo County will be looking at current trends and research in order to provide appropriate programs to youth. We will continue to work with CBOs to offer appropriate programs and provide appropriate and up-to-date staff training.

Programs can be administered by county partners such as mental health agencies, CBOs, faith-based organizations, or probation staff. Programs may include, but are not limited to:

- Cognitive behavioral interventions
- Management of stress and trauma
- Anger management
- Conflict resolution
- Trauma-related interventions
- Self-improvement
- Parenting skills and support
- Tolerance and diversity
- Healing-informed approaches
- Gender-specific programming
- Career and leadership opportunities
- Vocational, life skills and educational programming and certification
- Project Change (a local community college program that provides wrap-around student support services, direct access to postsecondary education for detained youth, and in-person college instruction inside juvenile facilities)
- Gang prevention and intervention
- Restorative justice
- Victim impact awareness
- Building empathy for crime victims
- Engagement with peer mentors or credible messengers (i.e., young adults with prior system and/or gang involvement)

Describe how the County plans to apply grant funds to address family engagement in programs for the target population: (WIC 1995 (3) (C) )

San Mateo County believes that youth should be housed close to their place of residence to help continue their connection to their families which will aid in their rehabilitation. Grant funds will be used to rebuild previous parenting programs managed by the Probation Department. These programs may include the "Parent Project" and/or "Staying Connected with Your Teen," both of which sunset after the staff assigned to them retired. There will also be an emphasis on providing parenting programs such as the "Positive Parenting Program" (Triple P) for youth in-custody that are already parents themselves. San Mateo County is planning on contracting with a CBO to provide these identified programs.

Describe how the County plans to apply grant funds to address reentry, including planning and linkages to support employment, housing and continuing education for the target population: (WIC 1995 (3) (D) )

Within 30 days of a youth receiving a Secure Youth Treatment Facility commitment, San Mateo County will convene a multidisciplinary team (MDT) of probation, behavioral and mental health, and education staff, youth and their parents/guardians, as well as other treatment providers to put together an individual rehabilitation plan that must be approved by the court. In addition, the MDT will assist in developing a reentry case plan which may include programs and services in which the youth will be participating in the community after their release from custody including, but not limited to:

- Education
- Vocation/employment
- Mental health
- Alcohol and other drugs
- Pro-social activities
- Gang intervention
- Anger management
- Management of stress and trauma
- Parenting support
- Housing
- Government assistance (food, medical, etc.)

Confirmation regarding transition or warm hand-off of school placement (if applicable), employment, pro-social activities and other identified areas of need will be reviewed and agreed upon. Barriers to the reentry case plan will be identified and plans for mitigation will be strategized. The youth and parent(s)/legal guardian(s) will participate in, and agree on their responsibility to, the case plan for the youth's transition home and remaining in the community.

Additionally, San Mateo County will expand its contract with FLY to provide the same amount and level of service to youth with Secure Youth Treatment Facility commitments. Comprehensive services include:

### **FLY Reentry Services**

FLY currently provides the following reentry services for San Mateo County youth:

- **Reentry Case Management: 1:1 Case Management Meetings, Parent Meetings, and Advocacy**

The reentry case management and mentoring component intervenes more intensively with high-risk juvenile probation reentry youth to help them through a seamless transition from institutions, decrease recidivism and gang involvement, and increase constructive use of time through school and employment. Case managers develop Development Plans (service plans) with youth, to identify and build skills/supports for youth goals. Typically, there are at least three goals on a Development Plan: reducing justice system involvement, increasing educational or professional attainment, and a personal goal the youth has for developing better relationships, tools, or resources for long-term success. Case managers then meet regularly with youth to enact that plan, provide advocacy both alongside and on behalf of youth, and problem-solve as youth progress. The reentry program follows a Critical Time Intervention model, designed to repair the rupture between the youth and their community such that the youth has a stable, positive support network outside of FLY by the end of their time in case management. Case managers are trained and regularly evaluated on the use of trauma-informed practices, motivational interviewing, strength-based practices, Social Emotional Learning tools, leveraging youth assets, and supporting healthy youth development. Case managers collaborate with DPOs and service providers to help youth stay accountable to the terms of their probation and to troubleshoot challenges with the youth as they arise.

- **Reentry Pro-social Activities**

Activities include useful, pro-social events with exposure to positive peer groups, including field trips to local colleges and universities for detained youth to learn about opportunities to pursue higher education. For youth in the community, FLY holds a wide range of events, including hiking and backpacking trips, community service events, and game nights.

- **Career Navigation Workshops**

Similar to the work with youth in custody, the Career Pathways Navigator (CPN) provides specialized education, career, or basic needs supports through responsive workshops and 1:1 coaching and advocacy. The CPN collaborates with case managers when the youth's needs exceed the case manager's expertise or capacity. When needed, the CPN identifies content-area experts who can coach or train youth, such as around specific vocational interests (like entrepreneurship) or educational challenges (such as IEP/504 rights).

With the implementation of the S.O.A.R.R. Program, San Mateo County and FLY hope to expand programming to include the following services:

- **STAY FLY** – Leading up to and following release, case managers work 1:1 with young adults to navigate the justice system and other systems of support. STAY FLY is designed to help young adults navigate the transition into adulthood and independence, leveraging FLY’s experience with Critical Time Intervention, trauma-informed practices, and strength-based approaches. STAY FLY builds self-efficacy while connecting young adults to services and building robust and responsive systems of support around their increased needs in areas like housing, job training, healthcare access, and more.

### **BHRS Discharge and Planning Services**

The BHRS clinician assesses whether the youth and/or family will benefit from the continuation of mental health services once a youth returns home. This assessment will also determine whether the current BHRS clinician continues to provide mental health services in the community or if a referral to a regional clinic is deemed appropriate. BHRS collaborates with probation and staff and other stakeholders to bridge services and develop a transitional plan for the youth.

Ongoing mental health services may include individual therapy, family therapy, psychiatric services, case management services, Family Partner services, and substance abuse services. TAY services, vocational and pro-social activities referrals are also a strong component of the BHRS discharge planning. In general, the creation of a solid discharge plan in close collaboration with youth and parents/primary caregivers is held as a standard of care by the BHRS clinical team.

Describe how the County plans to apply grant funds to address evidence-based, promising, trauma-informed and culturally responsive services for the target population: (WIC 1995 (3) (E) )

As a Certified Evidence-Based Organization, San Mateo County implements data-driven policies and promotes evidence-based programs and promising practices to advocate for community and restorative justice. In this regard, the Probation Department has provided training on evidence-based programs through a justice lens, identifying cultural biases and trauma-informed care to all staff. Additionally, in its solicitation process for contracted services, the Probation Department requires that applicants have programs and services that are documented or verified as either evidence-based or a promising practice through available evidence-based clearinghouses.

San Mateo County will continue to implement these practices when choosing any providers for enhanced services or the creation of new ones.

One of the programs San Mateo County implemented in 2020 is WhyTry. This is an evidence-based SEL program which has been proven to be a successful intervention tool with juvenile justice- involved youth in areas of relationship, relevancy, and resiliency. In December 2020, a total of 50 YSC – JH staff -- Group Supervisors (GSs) -- were trained and certified as WhyTry facilitators. Currently GSs are delivering the WhyTry curriculum to youth in individual and group settings in topics including, but not limited to:



- Surrendering the One-Up Relationship
- Your Decisions Have Consequences
- How to Deal with Peer Pressure
- Tearing off your Labels
- How to Manage you Defense Mechanisms
- How Living Within Society’s Laws and Rules can make you Stronger

WhyTry is guided by the following principles:

- **Relationship**  
GSs who implement the WhyTry program will establish a strong relationship of mutual respect and trust with youth, which is foundational to a full fidelity implementation of the program and positive outcomes.
- **Relevance**  
WhyTry motivates juvenile justice-involved youth to take a greater interest in their own success and long-term personal development by understanding the relevance of actively participating, as well as motivating them to make long-term goals and apply themselves. WhyTry is a multi-sensory approach which engages youth by using relevant videos, music, images, and by engaging learners in physical activities.
- **Resilience**  
The WhyTry program curriculum helps to develop greater resilience which in turn promotes youth to be better prepared with many of the challenges life brings.

Describe whether and how the County plans to apply grant funds to include services or programs for the target population that are provided by nongovernmental or community-based providers: (WIC 1995 (3) (F))

The San Mateo County Probation Department has an extensive history of collaborating with CBOs. We currently have contracts with five CBOs that provide in-custody and community-based services for San Mateo County youth. A detailed list is provided below:

CBO	Services Provided
Fresh Lifelines for Youth (FLY)	Law-related education, reentry services, education & career navigation
Mind Body Awareness Project	Mindfulness meditation and pro-social life skills program; emotion regulation and coping skills
Rape Trauma Services	Crisis intervention and advocacy, group therapy, ending cycles of violence and trauma training
Success Centers	Job readiness training, play writing, visual arts, academic study hall, coding, and healthy choices
The Art of Yoga Project	Yoga, creative arts and writing, mindfulness, and financial literacy curriculum

With this grant, we will be expanding the services above to accommodate an anticipated 15 additional youth with Secure Youth Treatment Facility commitments that will be housed in our county. Proposed future programming may include:

- **YMCA – Juvenile Sexual Responsibility Program (JSRP)**  
Usually a one-year program that works with sexual offenders and helps the youth cope with challenging emotions like anger, anxiety, depression in a positive and healthy way, incorporating a Neurosequential Model of Therapeutics.
- **Success Centers – Long-term Vocational Training**  
Multi-phased construction and computer-coding training for youth serving longer-term sentences with links to internships and job opportunities during reentry.
- **FLY – Enhanced Case Management (In-custody & reentry)**  
Provide TAY population with an intensive case management program, comprehensive and long-term skill building, professional development, and community engagement opportunities.

In addition, San Mateo County will explore the following program enhancements with our education partners:

- **Project Change (San Mateo Community College District)**  
Offer expanded classes via Project Change at Gateway School and the YSC-JH on the following, depending on the population and faculty availability: 1) Keys to Success; 2) History of Ethnic Groups in the U.S.; and 3. General Psychology.
- **San Mateo County Office of Education**  
Expand Work Experience Education resources so students can go out into the community to get support for resumes, interviews, and to address any issues and challenges they may have.

San Mateo County will also be exploring partnerships with CBOs to provide vocational programs for youth with Secure Youth Treatment Facility commitments that include community-based employment supports.

Other elective programs currently provided at the YSC-JH are included in the table below:

Program	Description
<b>Life Skills</b>	
Girls Circle	Gender-relevant girls’ programs that allow girls to voice their experiences, develop positive connections, and gain skills to pursue meaningful goals in education, careers, and relationships

Boys Circle	Gender-relevant boys' programs that allow boys to voice their experiences, develop positive connections, and gain skills to pursue meaningful goals in education, careers, and relationships
Omega	Interactive life-skills building and relevant speaker presentations
Project Change	Provides youth who have completed high school the opportunity to continue education into the community college arena
Cognitive Skills	Overcoming negative behavioral patterns
Spanish 101	Introduction to reading, writing, listening and speaking skills in Spanish.
A Brighter Day	Job training for youth
Cooking and Baking	Basic culinary arts
Garden Program	Horticultural training in creating on site gardens
<b>Arts and Creative Arts</b>	
Book Club	Forum to discover new books, increase literacy and focus on literary critique
The Beat Within	Writing/literature skills, visual and performing arts workshop
Arts Unity Movement	Creative arts through music and conversation
Essay Program	Critical thinking and creative writing
<b>Physical Activities</b>	
Large Muscle Activity	Required activity exercises that is planned, structured, and repetitive bodily movement that improves circulation and cardiovascular health
Activities Highlights Committee	Holiday-themed events, seasonal olympic games
<b>Wellness and Mindfulness</b>	
Bold and Beautiful Facials	Importance of facial hygiene and maintenance
Mind and Body Awareness	Mindful meditation
Niroga Yoga	Mindfulness training and yoga

<b>Recovery</b>	
Alcoholics Anonymous (AA)	Provides youth a group of principles to help expel the obsession to drink and enable them to become happy and whole
Narcotics Anonymous	Provides basic messages of recovery so that youth involved with drugs can overcome addiction
<b>Faith-based</b>	
Bible Study	Provides youth the opportunity to participate in faith-based groups
Catholic Christian Services	Faith-based organization provides church services to youth

## Part 5: Facility Plan

Describe in detail each of the facilities that the County plans to use to house or confine the target population at varying levels of offense severity and treatment need, and improvements to accommodate long-term commitments. Facility information shall also include information on how the facilities will ensure the safety and protection of youth having different ages, genders, special needs, and other relevant characteristics. (WIC 1995 (4) )

San Mateo County has designated its YSC-JH to serve as its Secure Youth Treatment Facility. Youth will be placed in appropriate, least restrictive housing and program settings. Housing assignments shall consider the need for single, double, or dormitory assignments or locations within the facility.

Youth will be classified based on Title 15 regulations, upon admittance to the facility and classification factors shall include, but not be limited to:

- Age
- Maturity
- Sophistication
- Charges and offense history
- Emotional stability
- Program needs
- Legal status
- Public safety considerations
- Medical / mental health considerations
- Physical disabilities
- Gender and gender identity of the youth

Depending on the youth's progress within the facility, periodic classification reviews, including provisions that consider the level of supervision and the youth's behavior while in-custody, will be conducted.

The youth shall not be separated from the general population or be assigned to a single occupancy room based solely on their actual or perceived race, ethnic group identification, ancestry, national origin, color, religion, sexual orientation, gender identity, gender expression, mental or physical disability, or HIV status. This does not include a youth requesting a single occupancy room.

Staff shall not consider lesbian, gay, bisexual, transgender, questioning or intersex identification or status when classifying youth.

Staff shall assess and screen each youth for the risk of sexual abuse based on the following information:

- Prior sexual victimization or abusiveness

- Gender nonconforming appearance or manner; or identification as lesbian, gay or bisexual, transgender, queer or intersex, and whether the youth may, therefore, be vulnerable to sexual abuse
- Emotional stability and cognitive development
- The youth's perception of vulnerability
- Any other specific information about the individual youth that may indicate heightened needs for supervision, additional safety precautions, or separation from certain other youth

Staff will ensure respectful and equitable treatment of transgender and intersex youth. Youth will be housed in a unit or room that best meets their individual needs and promotes their safety and well-being.

In addition, in order to meet the needs of the secure track population, grant funds may also be used for infrastructure modifications that may include the following:

- Additional furniture
- Equipment for new programming such as culinary arts and trades
- Capital improvements/construction including modifying the existing structure (e.g. create walls, install new entrances, etc.) in certain areas to accommodate housing needs and new programming
- Enhanced technology (e.g. security, computers, drone detection) as needed

## **Part 6: Retaining the Target Population in the Juvenile Justice System**

Describe how the plan will incentivize or facilitate the retention of the target population within the jurisdiction and rehabilitative foundation of the juvenile justice system, in lieu of transfer to the adult criminal justice system: (WIC 1995 (5) )

SB 823 affirms the importance of housing youthful offenders closer to their families and communities to improve reentry outcomes. By providing evidence-based programs and services for youth with a Secure Youth Treatment Facility commitment to improve the outcomes of youth and public safety, San Mateo County will be well-positioned to keep juvenile cases within the juvenile system. The facility will provide comprehensive education, training, treatment, and rehabilitative services to promote community restoration and family ties and encourage young people to become law-abiding and productive members of society.

## Part 7: Regional Effort

Describe any regional agreements or arrangements supported by the County's block grant allocation: (WIC 1995 (6) )

San Mateo County is a member of the statewide consortium developed through the collaboration of the California State Association of Counties (CSAC), the California Association of County Executives (CACE), and the Chief Probation Officers of California (CPOC). This consortium will ensure the availability of high-quality secure treatment beds in different regions of the state, provide high-quality services to youth in any region, and provide research, training, and technical assistance to all secure youth treatment programs.

As noted previously, San Mateo County plans to provide services to all its local realigned youth except for some sex offenders and/or those with significant mental health needs. This relatively small number of youths could be served through the consortium, but the financial details of any such arrangements are not known at this time.

## Part 8: Data

Describe how data will be collected on youth served by the block grant: (WIC 1995 (7) )

Data that will be collected on the **youth served** will include:

- Demographics – age, gender, ethnicity, date of birth, place of residence
- Case information – charges, time in custody (before/after Secure Youth Treatment Facility commitment)
- Prior cases – charges, time in custody (before/after disposition)
- In-custody programs – type of program, program enrollment, participation (how is the youth doing in the program), outcome
- Assessment information – from reentry case manager or the risk/needs assessment system; Ohio Youth Assessment System (OYAS)
- Post release:
  - Enrollment in reentry services identified in the case plan (education, housing, employment)
  - New law violations
  - Reentry supervision violations

Data that will be collected on the **program providers** (for both county services and CBOs) will include:

- Program dosage and frequency
- Participation in MDTs
- Timeliness of service delivery
- Post release:
  - Frequency of case manager check-in with youth

- Services delivered as prescribed by the contract
- Timeliness of service delivery

Describe outcome measures that will be utilized to determine the results of the programs and interventions supported by block grant funds: (WIC 1995 (7) )

Outcome measures for **youth served** may include:

- In-custody:
  - Percent of youth that participate in in-custody programs
  - Percent of youth that gain the skills to pursue positive personal, professional, and social goals in the facility and upon release
  - Percent of youth who show growth in Social Emotional Learning measures
  - Number of youths who receive reentry services
- Post release:
  - Number of youths enrolled in school
  - Number of youths enrolled in vocational training programs
  - Number consistently engaged in mental health treatment
  - Number consistently engaged in substance abuse treatment
  - Number consistently engaged in community programs
  - Number of youths employed after returning to their community (including information on place of employment, type of employment)
  - Number of youths who enter the adult system before the age of 25 after returning to their communities
  - Number of new law violations
  - Number of reentry supervision violations
  - Percent of youth basic needs identified at release addressed via referrals/assistance

Outcome measures for **program providers** (for both county services and CBOs) may include:

- In-custody:
  - Number of classes or programs completed
  - Number of MDTs attended
  - Number and type of assessments administered
- Post release:
  - Number of case manager contacts, visits with youth and/or other service provider
  - Number of programs, services identified in the reentry plan that were addressed in the community, to be broken down but not limited to the category below:
    - Education
    - Vocational
    - Employment
    - Mental health treatment
    - Substance abuse treatment